

# **A Report on the Celebration of International Yoga Day**

## **Women's College, Tinsukia, Assam**

The 4<sup>th</sup> International Yoga Day has been celebrated on **21<sup>st</sup> June, 2018** at **Women's College, Tinsukia**, with the following activities. The principal of the college has formally inaugurated the program at 7:30 A.M. on this occasion he delivered a fruitful and motivated speech to the students of the college and expressed heartiest thanks to all members of the Patanjali Yoga Samity, Tinsukia. This has been followed by YOGA practice session under the guidance of Patanjali Yoga Trainers present. More than 250 students and faculty members of the college have participated on the session. The program has ended at 9:15 A.M.

### **Yoga Trainers Presented on the occasion were**

1. Ms. Aarati Kumari, Patanjali Yoga Samity, Tinsukia, Assam
2. Ms. Shilpi Chackraborty, Patanjali Yoga Samity, Tinsukia, Assam
3. Mr. Ankush Chaudhury, Patanjali Yoga Samity, Tinsukia, Assam

Some clips of the session have been attached herewith.

Principal  
Women's College, Tinsukia  
Assam